

Joint Meeting of the



Hellenic Society for the
Study of Bone Metabolism



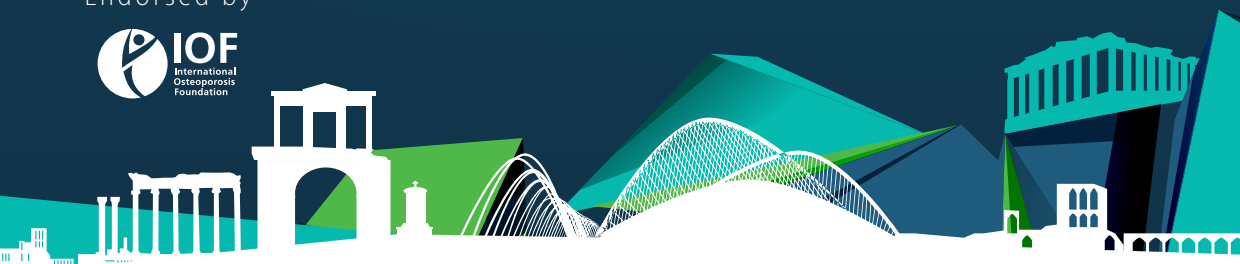
Dutch Society for
Calcium & Bone Metabolism

www.cbm2019.com

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IOF
International
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Foundation



10-12

October 2019

MAICC

Megaron Athens International
Conference Center

Athens

Greece



Preliminary Program

Joint Meeting of the



**Hellenic Society for the
Study of Bone Metabolism**



**Dutch Society for
Calcium & Bone Metabolism**

Welcome Address

Dear colleagues,

We are pleased to inform you that the **Hellenic Society for the Study of Bone Metabolism (HSSBM)** and the **Dutch Society for Calcium and Bone Metabolism (NVCB)** have decided to unify their annual 2019 meetings in a single one, which will be held in **Athens, Greece on October 10th-12th, 2019**.

This would be a joint meeting of these two European societies aiming to improve the knowledge of participants regarding osteoporosis and other metabolic bone diseases. In specific, participants will receive important information for the recent advances in clinical and basic research as well as their interrelationship. By the end of the meeting clinicians will improve their ability to assess difficult tasks in the diagnosis and treatment of metabolic bone diseases while basic scientists will identify useful links between laboratory and clinical research. Finally, the implementation of current data and guidelines in the everyday clinical practice of the two countries will be thoroughly discussed during the meeting in order to pinpoint common problems, different strategies and solutions.

The profile of the participants will include endocrinologists, rheumatologists, orthopedic surgeons, general practitioners, rehabilitation practitioners, internal medicine practitioners, pediatricians, nephrologists, researchers, other health and allied health professionals in the field of: molecular biology, musculoskeletal research, genetics, physiology, and pharmacology.

We are looking forward to welcoming you to Athens.

Kind regards

Polyzois Makras
HSSBM President

Natasha Appelman-Dijkstra
NVCB President





Committees

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Scientific Program

Thursday, October 10th 2019

17:00-19:30	Registrations
19:30-21.30	SESSION 1 Chairs: P. Makras, N. Appelman-Dijkstra
19:30-19:45	Welcome Adresses N. Appelman-Dijkstra, P. Makras
19:45-20:30	Osteoporosis: where we have been G. Lyritis
20:30-21:15	Osteoporosis: where are we going S. Ferrari
21:15-21:30	Discussion - Closing P. Makras





Scientific Program

Friday, October 11th 2019

08:00	Registrations
08:30-10:30	SESSION 2 SELECTED ORAL PRESENTATIONS
10:30-11:00	Break
11:00-12:30	SESSION 3
11:00-11:30	Molecular mechanisms of ion transport in metabolic bone diseases B. van Eerden
11:30-12:00	Non coding Rnas and bone metabolism M. Yavropoulou
12:00-12:30	From mouse models to humans: the RANKL paradigm E. Douni
12:30-13:30	Industry Sponsored Lunch Symposium
13:30-14:00	FLS UPDATE
13:30-13:45	Fracture Liaison Services: the Dutch experience N. Appelman-Dijkstra
13:45-14:00	Fracture Liaison Services: the Greek experience P. Makras
14:00-16:30	SESSION 4
14:00-14:30	TBA
14:30-15:00	Discontinuation of osteoporosis treatment A. Anastasilakis
15:00-15:30	Hip fractures: the winning patient Th. Karachalios
15:30-16:30	SELECTED ORAL PRESENTATIONS
16:30-17:00	Break



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Scientific Program

Friday, October 11th 2019

17:00-18:30	SESSION 5
17:00-17:30	Stress and skeletal health G. Chrousos
17:30-18:00	Osteoporosis and the vasculature S. Papapoulos
18:00-18:30	Extraskeletal effects of bisphosphonates I. Reid
18:30-19:00	Break
19:00-19:30	Sponsored lecture Hypophosphatasia S. Tournis
19:30-21:00	Sponsored lectures





Scientific Program

Saturday, October 12th 2019

08:30-10:30 **SESSION 6**

08:30-09:30 **SELECTED ORAL PRESENTATIONS**

09:30-10:00 Molecular genetic diagnosis in early-onset osteoporosis
E. Tsourdi

10:00-10:30 Early detection, genetic background and management of atypical femoral fractures
M.C. Zillikens

10:30-11:00 **Break**

11:00-13:00 **SESSION 7**

11:00-11:30 Analysis of in-vivo bone structure, adaptation and strength using high resolution peripheral quantitative CT
B. van Rietbergen

11:30-12:00 Radio-labelled analogues in the diagnosis of bone diseases
S. Chatzioioannou

12:00-12:30 Bone material properties and fragility fractures
E.P. Paschalis

12:30-13:00 Implementation of microindentation in clinical practice
N. Appelman-Dijkstra

13:00-14:00 **Industry Sponsored Lunch Symposium**

14:00-16:40 **SESSION 8**

14:00-14:30 Hematologic malignancies and bone metabolism: the multiple myeloma paradigm
E. Terpos

14:30-15:00 Animal and cell models to study periodontitis, the most common inflammatory bone disease
T.J. de Vries

15:00-16:40 **SELECTED ORAL PRESENTATIONS**

16:40-17:00 **Break**



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Scientific Program

Saturday, October 12th 2019

17:00-19:00	SESSION 9
17:00-17:30	Steroid induced osteoporosis W. Lems
17:30-18:00	Chronic kidney disease mineral and bone disorder N.A.T. Hamdy
18:00-19:00	SELECTED ORAL PRESENTATIONS
19:00-19:30	Break
19:30-21:00	Sponsored lectures
21:00	Closing of the Meeting



10-12 October 2019

MAICC Megaron Athens International Conference Center



General Information

Dates and meeting venue

October 10th-12th, 2019

Megaron Athens International Conference Center

(Leoforos Vasilissis Sofias and Kokkali 1, 115 21 Athens, Greece, tel.: +30 210 7282156, www.maicc.gr)

Call for abstracts

For the guidelines of papers submission, please visit the website: www.cbm2019.com

Important dates

Deadline for abstract submission

July 15th, 2019

Official language

English is the official language of the Meeting and simultaneous translation will not be available.

CME accreditation

The Joint meeting of the Hellenic Society for the Study of Bone Metabolism and the Dutch Society for Calcium and Bone Metabolism has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 17 European CME credits (ECMEC®s).

Certificate of attendance

According to the European Accreditation Council for Continuing Medical Education (EACCME®), each medical specialist should claim only those credits that he/she actually spent in the educational activity.

Certificates will be provided after the completion of the Scientific Program.

Meeting badge

Delegates are obliged to show their congress badge at the entrance of Congress Hall for their attendance time to be registered.

Exhibition

Within the Meeting area there will be an exhibition of medical equipment and pharmaceutical products.

Presentations - Technical secretariat

Available visual equipment for all presentations will be through power point presentation. For power point use, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick and to copy the relevant files. Use of personal computers will not be feasible.



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General Information

Athens Weather

Athens weather in October is with Mediterranean sunshine and temperatures around 18°C means you will enjoy superb conditions as you explore the ancient city.

Visa regulations for Greece

Greece is a full European Union member and follows the Schengen Agreement provision and the subsequent EU legislation concerning short-term visas. Visa regulations depend on your nationality and country of origin. Please contact your local Embassy/Consulate for full and official instructions on the specific visa regulations and application procedures that apply to you. It is the responsibility of the participant to obtain a visa, if required. For further details please visit: <https://www.mfa.gr/en/visas/>

Currency

Greece's monetary unit is the Euro. No other currency is accepted and it is best to exchange dollars or other currency at a bank. The exchange rates are all the same throughout the country and you exchange money at a bank or official exchange shop where you will get the best running rates. Banks are open from 9:00 am until 2:00 pm.

The airport

The new award winning Athens International Airport, Eleftherios Venizelos, serves 83 international destinations. Its close proximity to the city center, 30 minutes by car and 40 minutes by train, makes Athens easily accessible.

Registrations fee

Type	Cost
Specialists	200 €
Residents	Free
Nurses / Undergraduate Students	Free

24% VAT is not included in the above fees

Registrations fee for Specialists and Residents includes:

- Attendance of the scientific program
- Admission to the exhibition
- Congress material
- Certificate of attendance

Registrations fee for Nurses and Undergraduate Students includes:

- Attendance of the scientific program
- Admission to the exhibition
- Certificate of attendance



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General Information

Accommodation

Hotel	Room for single use
Alexandros Hotel	150 €
Stratos Vassilikos	150 €
Athenaeum Palace	140 €

The above mentioned price is per night and includes breakfast. City tax is not included. It must be paid by the client directly to the hotel receptionist upon check out.

For the registration and accommodation form please visit the website: www.cbm2019.com



Meeting Secretariat

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