



# MEETING OF THE GREY TURNER SURGICAL SOCIETY

in collaboration  
with the **Hellenic  
Association for  
Endoscopic  
Surgery**

September  
**21<sup>st</sup>- 22<sup>nd</sup>**  
2023



in collaboration with



European Interbalkan Medical Center  
**Thessaloniki, Greece**

[www.greyturnersurgicalsociety.co.uk](http://www.greyturnersurgicalsociety.co.uk)

**Final Program**

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## WELCOME ADDRESS

Dear colleagues & friends,

It is an honor for us to welcome the “Grey Turner Surgical Society” to Thessaloniki in September 2023.

The Grey Turner Club was the brainchild of Gordon Bailey, a consultant surgeon in Harrogate. Their first recorded meeting was in 1951 and since then, there has been a meeting every year. Since 1963 the club has aimed to have an overseas visit every 3rd year. Nowadays, the club consists of general surgeons, orthopedic surgeons, urologists and other surgical specialties. The club’s overseas visit usually comprises of a rich social program, apart from the scientific activities, and naturally wives, husbands and partners join in as well.

We are extremely proud that we were asked to host their 2023 visit in Thessaloniki, Greece. The Interbalkan Medical Center is a center of excellence with regards to its scientific level, surgical equipment, and medical doctors. Minimally invasive surgical procedures find place on a daily basis across all major surgical specialties. For two days, 21–22 September 2023, the Centre will be filled with discussions, debates & arguments between the local doctors and the members of the GT Surgical Society as we embark on a journey of surgical excellence.

The program includes presentations on state-of-the-art surgical procedures but also discussions on social and surgical lifestyle issues. The hosting society, the Hellenic Association of Endoscopic Surgery, is known for organizing high value and up-to-date surgical events in Greece. Furthermore, we are joined by the Society of Junior Doctors, a society founded in 2009 by students and junior doctors, which is particularly active in scientific events across Europe. They will instill a younger doctor’s perspective to the event and will discuss subjects that are particularly important to the younger generation of scientists.

We are particularly proud of bringing all societies together for an extremely interesting scientific event and we are looking forward to days full of heated debates, state-of-the-art procedures and fruitful scientific outcomes.

Welcome to our event. Welcome to Thessaloniki and the Interbalkan Medical Center.

The Organizing Committee

**Manos Pramateftakis** MD PhD FICS MSCS  
Associate Professor of Surgery, AUTH  
Consultant Colorectal Surgeon  
Organizing Committee Chair

**Alex Giakoustidis** MD PhD FRCS  
Assistant Professor of Surgery, AUTH  
Consultant Hepatobiliary Surgeon  
Organizing Committee Vice Chair

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## COMMITTEES

### Organizing Committee

Chair:	<b>Manos Pramateftakis</b>	Members:	<b>Grigorios Chatzimavroudis</b>
Vice Chair:	<b>Alex Giakoustidis</b>		<b>Stylianos Kapetanakis</b>
Secretary:	<b>Andreas Andreou</b>		<b>Konstantinos Dimitrakas</b>
Treasurer:	<b>Panagiotis Panousis</b>		<b>Dimosthenis Mekras</b>

### Hellenic Association for Endoscopic Surgery Board of Directors

Chairman:	<b>G. Tzovaras</b>	Sp. Secretary:	<b>V. Drakopoulos</b>
A Vice Chairman:	<b>G. Sampalis</b>	Treasurer:	<b>M. Pramateftakis</b>
B Vice Chairman:	<b>F. Archontovasilis</b>	Board Members:	<b>S. Kapiris</b>
General Secretary:	<b>G. Ayiomamitis</b>		<b>M. Papoudos</b>
			<b>P. Chrysocheris</b>

### Grey Turner Surgical Society

President: **Richard Lawrance**  
Honorary Secretary: **Paul Leeder**  
Honorary Chronicler: **Dexter Perry**

### Society of Junior Doctors Board Members

President:	<b>M. Papapanou</b>	Board Members:	<b>N. Madouros</b>
Vice President:	<b>D. Spinis</b>		<b>N.-M. Fanaropoulou</b>
General Secretary:	<b>M. Nikolakea</b>		<b>A. Vasilopoulou</b>
Treasurer:	<b>C. Konstantinidis</b>	Board Alternate Members:	<b>D. Mitsopoulou</b>
			<b>D. Varvoglis</b>

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## SCIENTIFIC PROGRAM

**Thursday 21 September 2023**

### MORNING SESSION

09.00-09.15

Welcome address by Chairman

**09.15-11.00**

**WHAT'S NEW IN MINIMALLY INVASIVE SURGERY ACROSS  
SURGICAL SPECIALTIES?**

Chair: **O. Ioannidis, L. Poultsidis, D. Raptis**

**Bariatrics**

Bariatric Surgery Centre

**E. Sdralis**

**Endocrine**

The use of ICG in thyroid surgery

**I. Koutelidakis**

**Abdominal Wall**

Robotic approach for abdominal wall reconstruction

**G. Chatzimavroudis**

**Orthopedics**

The evolution in knee arthroplasty

**G. Gkoudelis**

**Spinal**

Is minimally invasive the real evolution in spine surgery?

**E. Samoladas**

**Urology**

Tips & tricks in robotic radical prostatectomy

**A. Andreou**

11.00-11.20

*Coffee Break*

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**Thursday 21 September 2023**

**MORNING SESSION**

**11.20-11.40**

**MORNING LECTURE - GI SURGERY**

Chair: **V. Papadopoulos**

Current management of NETs of gastrointestinal tract, liver & pancreas; Presentation of book by Frontiers Publications

**A. Giakoustidis**

**11.40-12.40**

**INVITED LECTURES BY MEMBERS OF THE GREY-TURNER SOCIETY**

Chair: **K. Dawas, P. Panousis**

Lifelong learning. The value of coaching and mentoring in a surgical career

**P. Leeder**

The life & times of George Grey Turner

**R. Lawrance**

A journey into the evolution of colorectal surgery. The Guildford experience

**A. Scala**

12.40-13.30

*Lunch break*

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**Thursday 21 September 2023**

**AFTERNOON SESSION**

**13.30-13.50**

**AFTERNOON LECTURE - LOWER GI SURGERY**

Chair: **D. Giakoustidis**

Robotic colorectal surgery: The future of lower GI surgery or an expensive toy?

**M. Pramateftakis**

**13.50-15.50**

**SOCIETY OF JUNIOR DOCTORS SESSION**

Chair: **M. Pramateftakis, D. Giannakidis, M. Papapanou**

Evidence-based approach to minimally invasive surgical procedures  
**D. Giannakidis**

Minimally invasive surgery during the Covid-19 pandemic  
**T. Giannakas**

Resident training in minimally invasive surgery  
**St. Moschonas**

Minimally invasive surgical treatment options for diabetes mellitus from the scope of an aspiring endocrinologist  
**N.-M. Fanaropoulou**

Research "from the comfort of your home"  
**M. Papapanou**

Interesting publications from the surgical working group of the Society of Junior Doctors  
**G. Geropoulos**

**15.50-16.00**

Wrap-up & comments

**16.00**

End of Day 1

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## **Friday 22 September 2023**

**09.00-13.00**

### **LIVE SURGERY AT INTERBALKAN MEDICAL CENTRE**

All members of the Grey Turner Society will join surgical teams in operating theatres across all major surgical specialties

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## INDEX OF CHAIRS AND SPEAKERS

### **Andreou Andreas**

Urologist, Director of 2<sup>nd</sup> Urological  
Department, Interbalkan Medical Centre,  
Thessaloniki, Greece

### **Chatzimavroudis Grigorios**

Professor of Surgery Aristotle University  
of Thessaloniki, Head of Complex Hernia  
& Abdominal Wall Reconstruction Center,  
Interbalkan Medical Center, Thessaloniki,  
Greece

### **Dawas Khaled**

Consultant Upper GI Surgeon, Head of  
UGI Service, UCH London, UK

### **Fanaropoulou Nina-Maria**

Medical Doctor, Aristotle University  
of Thessaloniki, Thessaloniki, Greece,  
Member of the Board of Directors, Society  
of Junior Doctors, Athens, Greece

### **Geropoulos Giorgos**

Specialty Registrar in General Surgery,  
East of England Deanery, UK

### **Giakoustidis Dimitrios**

Professor of Surgery, Aristotle University  
of Thessaloniki, Head Fifth Surgical  
Department EIMC, Thessaloniki, Greece

### **Giakoustidis Alex**

Assistant Professor of Surgery, Aristotle  
University of Thessaloniki, Consultant  
Hepatobiliary Surgeon, 1<sup>st</sup> University  
Surgical Department, Papageorgiou  
Hospital, Thessaloniki, Greece

### **Giannakas Timoleon**

General Surgery Resident, «ELPIS» General  
Hospital of Athens, Greece

### **Giannakidis Dimitrios**

General Surgery Resident, University  
General Hospital of Thessaloniki AHEPA,  
Coordinator, Organizing Committee of  
Communication & Openness, Society of  
Junior Doctors, Athens, Greece

### **Gkoudelis Giorgos**

Orthopaedic Surgeon, Scientific Director  
ArthroHeal Clinic, Thessaloniki, Greece

### **Ioannides Orestis**

Assistant Professor of Surgery, Aristotle  
University of Thessaloniki, Greece

### **Koutelidakis Ioannis**

Professor of Surgery, Aristotle University  
of Thessaloniki, 2<sup>nd</sup> Department  
of Surgery, Hospital Gennimatas,  
Thessaloniki, Greece

### **Lawrance Richard**

Retired Colorectal Surgeon,  
Bournemouth, UK

### **Leeder Paul**

GTSS Honorary Secretary, Consultant  
upper GI Surgeon, Derby, UK



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## **Moschonas Stavros**

Medical Doctor, Aristotle University of Thessaloniki, Greece, Vice Coordinator, Organizing Committee of Conferences, Actions and Volunteering, Society of Junior Doctors, Athens, Greece

## **Panousis Panagiotis**

General Surgeon, Interbalkan Medical Center, Thessaloniki, Greece

## **Papadopoulos Vasileios**

Professor of Surgery, Aristotle University of Thessaloniki, Head of 1<sup>st</sup> Surgical Department, Papageorgiou Hospital, Greece

## **Papapanou Michail**

Medical Doctor, Department of Obstetrics and Gynecology, Aretaieion University Hospital, President of the Board of Directors, Society of Junior Doctors, Athens, Greece

## **Poultsidis Lazaros**

Assistant Professor of Orthopaedic Surgery, Aristotle University of Thessaloniki, Greece

## **Pramateftakis Manos**

Associate Professor of Surgery, Aristotle University of Thessaloniki, Greece, Consultant Colorectal Surgeon

## **Raptis Dimitrios**

Surgeon, 2<sup>nd</sup> Surgical Department, Aristotle University of Thessaloniki, Hospital Gennimatas, Thessaloniki, Greece

## **Samoladas Efthimis**

Assistant Professor in Orthopaedics, Aristotle University of Thessaloniki, Greece

## **Scala Andrea**

Consultant Colorectal Surgeon, Guildford, UK

## **Sdralis Elias**

Head of the Obesity & Metabolic Disorders, Surgery Department, Interbalkan Medical Center of Thessaloniki, Surgeon of Excellence for Bariatric & Metabolic Surgery Military General, Bariatric & Upper GI Surgeon, Subspecialty in Upper GI (Oesophagus & Gastric Cancer) Surgery, Broomfield Hospital NHS Trust, Mid Essex Hospital Services NHS, UK

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## GENERAL INFORMATION

### › Date and venue

September 21<sup>st</sup>-22<sup>nd</sup>, 2023

European Interbalkan Medical Center (*Asklipiou 10, Pilaia, 555 35, 231 040 0000*)

### › Official language

English will be the official language of the congress. No simultaneous translation will be provided.

### › Certificate of attendance

The certificates will be send via email by the end of the meeting and as soon as the evaluation form will be submitted to the meeting secretariat.

### › Presentations-Technical support

Available visual equipment for all presentations will be through power point presentation. Presentations must be uploaded at the technical secretariat one hour prior to the presentation. The use of personal computers will not be feasible.

### › Meeting Secretariat



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Tel.: +30 2310 247743, +30 2310 247734, e-mail: [info@globalevents.gr](mailto:info@globalevents.gr)

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# Meril

## Endo-Surgery

Μεγαλύτερη Ακρίβεια

**Καλύτερος Έλεγχος**

Αυξημένη Ελαστικότητα



**MIRUS**<sup>TM</sup>  
Endoscopic Linear Cutter & Reloads

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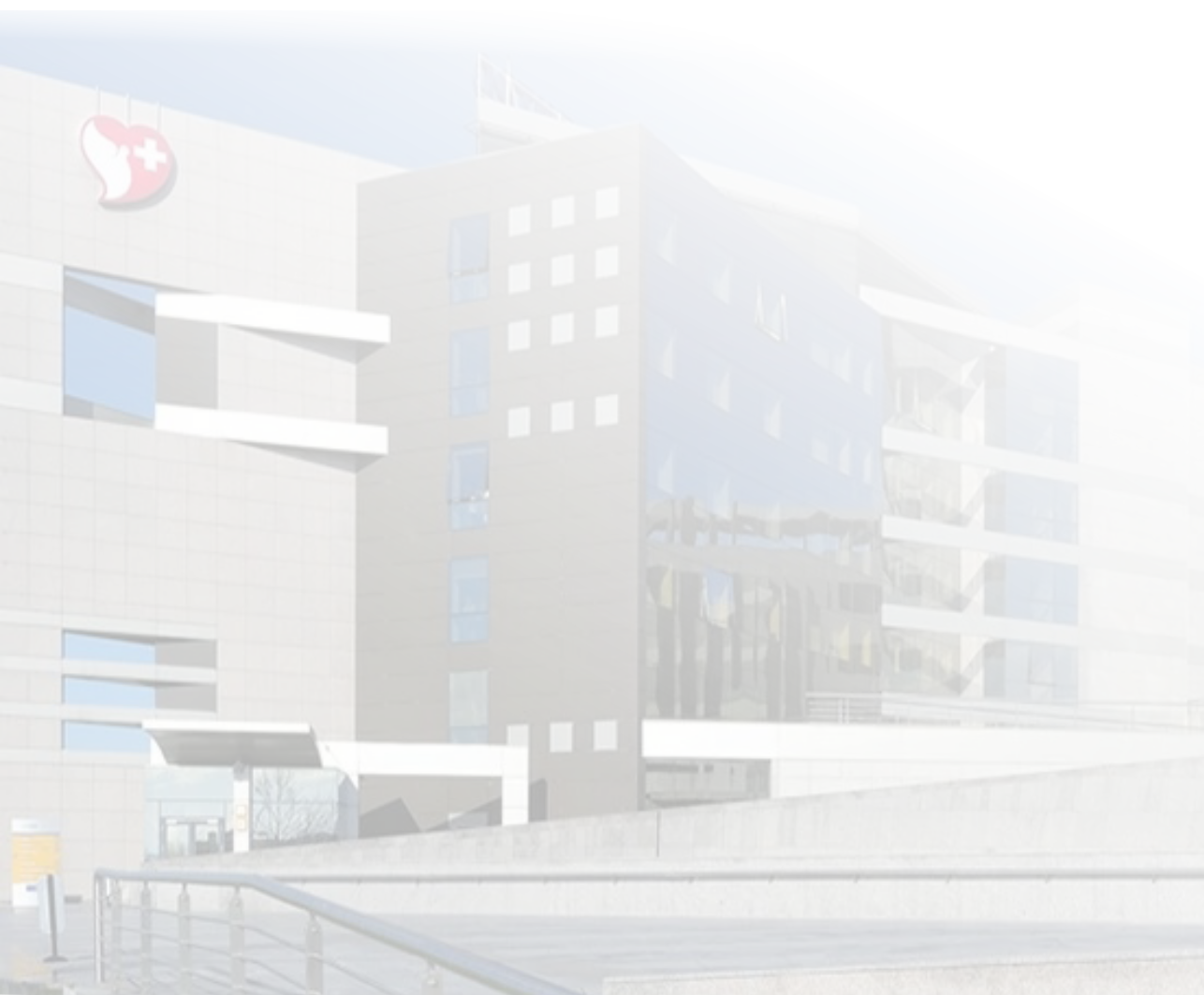
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## ACKNOWLEDGEMENTS

The Organizing Committee would like to acknowledge the success of the Meeting to the following companies:





# XLR8+

*Η δύναμη της επούλωσης  
στην παλάμη του χεριού σας*



Φορητή αντλία αρνητικής πίεσης για θεραπεία χρόνιων ελκών και τραυμάτων

3 τύποι λειτουργίας - συνεχόμενη, διαλείπουσα και εναλλασσόμενη

Ελληνικό menu με εύκολη πλοήγηση

Ποικιλία σπόγγων για ευρεία εφαρμογή