

2

# 2<sup>nd</sup> Riseup-PPD

## International Conference

Knowledge and  
Implementation  
Gaps  
in Peripartum  
Depression:  
Innovation and  
Future Directions

Sofia  
University  
"St. Kliment  
Ohridski",  
Bulgaria

21-22  
September  
2023

SCIENTIFIC  
PROGRAM



## CONTENTS

<b>WELCOME ADDRESS</b>	<b>3</b>
<b>COMMITTEES</b>	<b>4</b>
<b>PROGRAM AT A GLANCE</b>	<b>5</b>
<b>SCIENTIFIC PROGRAM</b>	<b>6</b>
<b>SATELLITE TALKS</b>	<b>16</b>
<b>POSTER SESSIONS 1 &amp; 2</b>	<b>17</b>
<b>GENERAL INFORMATION</b>	<b>22</b>



## WELCOME ADDRESS

Dear colleagues,

It is a pleasure to invite you to the 2nd International Conference of the Riseup-PPD titled **“Knowledge and implementation gaps in peripartum depression: innovation and future directions”** held on 21-22 September 2023 at Sofia University St. Kliment Ohridski.

This 2nd International Conference of the Research Innovation and Sustainable Pan-European Network in Peripartum Depression Disorder (Riseup-PPD), is organized by our multidisciplinary network of researchers and professionals. This network was founded in 2019 aiming at filling gaps in Peripartum Depression Disorder research, practice and at increasing social awareness.

Contemporary gaps in the knowledge of peripartum depression and implementation of PPD policies significantly impact perinatal health care and need to be urgently addressed. This will constitute the core topic of our conference, where we aim to discuss and share the innovations and future directions emerging that offer promising avenues for improving PPD care and ultimately reducing its impact on parental and child health. We welcome abstracts for oral and poster presentations on a variety of topics related to peripartum depression.

We look forward to seeing all of you at this next Meeting in Sofia, Bulgaria on September 21-22, 2023!

**Ana Ganho-Ávila**  
University of Coimbra, Portugal  
Action Chair

**Sandra Nakić Radoš**  
Catholic University of Croatia  
Action Vice Chair



## COMMITTEES

### ORGANIZING COMMITTEE

- Eleni Vousoura**, National and Kapodistrian University of Athens, Greece
- Camelia Hancheva**, Sofia University "St. Kliment Ohridski", Bulgaria
- Ana Mesquita**, ProChild CoLAB, Portugal
- Maja Zutic**, Catholic University of Croatia, Croatia
- Vera Mateus**, University of Coimbra, Portugal
- Esmeralda Lamaj**, European University Cyprus, Cyprus
- Raquel Costa**, University of Porto, Portugal
- Monica Sobral**, University of Coimbra, Portugal & Mackenzie Presbyterian University, Brazil

### SCIENTIFIC COMMITTEE

- Ana Ganho Ávila**, University of Coimbra, Portugal
- Sandra Nakić Radoš**, Catholic University of Croatia, Croatia
- Rena Bina**, Bar Ilan University, Israel
- Mariana Moura Ramos**, Coimbra Hospital and University Centre, Portugal
- Vera Mateus**, University of Coimbra, Portugal
- Susanne Uusitalo**, University of Turku, Finland
- Maria de la Fe Rodriguez Munoz**, UNED, Spain
- Sarah Kittel-Schneider**, University of Cork, Ireland
- Andreas Mayr**, University of Bonn, Germany
- Annette Bauer**, London School of Economics, England, UK
- Eleni Vousoura**, National and Kapodistrian University of Athens, Greece

## PROGRAM AT A GLANCE

THURSDAY 21 SEPTEMBER		FRIDAY 22 SEPTEMBER	
HALL A	HALL B	HALL A	HALL B
08.00 09.00	Registration	08.30 09.30	Registration
09.00 09.30	WELCOME SESSION	08.30 09.30	CORE GROUP MEETING
09.30 10.30	<b>KEYNOTE LECTURE 1</b> <b>Jane Fisher (AUS)</b> Addressing gaps in PPD	09.30 10.15	<b>KEYNOTE LECTURE 3</b> <b>Mariana Moura Ramos (PT)</b> Riseup-PPD presents the clinical guidelines for prevention, diagnoses, assessment and treatment in PPD
		10.15 10.30	<b>SPECIAL SESSION</b> In Honor and Remembrance of Carmen Cadarso: A Special Session
10.30 11.30	Coffee Break	10.30 11.30	Coffee Break & Poster Session 2
11.30 13.00	<b>SYMPOSIUM 1</b> Emerging issues in peripartum depression diagnosis and treatment	11.30 13.00	<b>SYMPOSIUM 5</b> Don't forget the fathers: risk factors and impact of paternal perinatal depression
13.00 14.00	<b>SYMPOSIUM 2</b> Advances in the Impact of COVID-19 Pandemic on perinatal mental health: Update of Riseup-PPD COVID-19 international study	13.00 14.00	<b>SYMPOSIUM 6</b> A multiprofessional perspective on perinatal depression: inflammatory biomarkers, maternal interpersonal functioning and screening
14.00 15.00	<b>WORKSHOP</b> Health economics perspective in peripartum depression	14.00 15.00	<b>ROUND TABLE</b> How to achieve real policy change: The role of alliances, economic evidence and lived experience
15.00 15.30	<b>KEYNOTE LECTURE 2</b> <b>Ian Brockington (UK)</b> Past and current state of the art in PPD	15.00 15.30	<b>Break</b>
16.30 17.30	<b>SYMPOSIUM 3</b> Understanding Typical and Atypical Trajectories of Motherhood: Insights from the Microbiota-Gut-Brain Axis, Cognitive Functioning, Self-Reports, and Digital Phenotyping Measures	16.30 17.00	<b>Coffee Break</b>
17.30 19.00	<b>SYMPOSIUM 4</b> Taking care of data in PPD research - management, sharing and analysis	17.00 18.30	<b>SYMPOSIUM 7</b> Implications of Neuroimaging and Brain Stimulation in the Context of Peripartum Depression
19.30	<b>CITY TOUR &amp; DINNER</b>	18.30 19.00	<b>CLOSING SESSION - AWARDS CEREMONY</b>
			<b>FREE COMMUNICATIONS SESSION 3</b>
			<b>FREE COMMUNICATIONS SESSION 2</b>
			<b>FREE COMMUNICATIONS SESSION 1</b>
			<b>WORKSHOP</b> Ethical aspects of PPD-related Health Technology Assessments
			<b>KEYNOTE LECTURE 4</b> <b>Nataliya Chechko (DE)</b> Postpartum neuroplasticity and the attendant risk and modulatory factors
			<b>KEYNOTE LECTURE 2</b> <b>Jane Fisher (AUS)</b> Addressing gaps in PPD
			<b>WELCOME SESSION</b>
			<b>Registration</b>
			<b>HALL C</b>
			<b>HALL B</b>
			<b>HALL A</b>
			<b>HALL C</b>

# SCIENTIFIC PROGRAM



HALL A

THURSDAY, 21 SEPTEMBER

08.00 - 09.00 Registration

09.00 - 09.30 Welcome Session

09.30 - 10.30 **KEYNOTE LECTURE 1**

Addressing gaps in PPD  
**Jane Fisher (Australia)**

10.30 - 11.30 **COFFEE BREAK**

11.30 - 13.00 **SYMPOSIUM 1 (WG1)  
EMERGING ISSUES IN PERIPARTUM DEPRESSION DIAGNOSIS  
AND TREATMENT**

Moderators: **Rena Bina (Israel), Ana Uka (Albania)**

Scoping review of cost-effectiveness evidence for interventions in peripartum depression

**Gülcan Tecirli, Ministry of Health, Turkey**

Peripartum depression disorder diagnosis: is there anything specific about it?

**Sandra Nakic Radoš, Catholic University of Croatia, Croatia**

Paternal peripartum depression: Emerging issues and questions on prevention, diagnosis and treatment

**Kristiina Uriko, Tallinn University, Estonia**

Complementary and alternative therapies to treat peripartum depression in pregnant or postpartum women: an umbrella review of systematic reviews and meta-analyses

**Julien Dubreucq, University Lyon 1, France**

Effectiveness of the third wave cognitive behavior therapy for peripartum depression treatment - a systematic review

**María de la Fe Rodríguez-Muñoz, UNED, Spain**

13.00 - 14.00 **LUNCH**

14.00 - 15.00 **WORKSHOP**

Health economics perspective in peripartum depression

**Gülcan Tecirli, Ministry of Health, Turkey**



HALL A

THURSDAY, 21 SEPTEMBER

15.00 - 15.30 BREAK

15.30 - 16.30 KEYNOTE LECTURE 2

Past and current state of the art in PPD  
**Ian Brockington (United Kingdom)**

16.30 - 17.30 COFFEE BREAK & POSTER SESSION 1

17.30 - 19.00 SYMPOSIUM 3 (WG2)  
UNDERSTANDING TYPICAL AND ATYPICAL TRAJECTORIES OF  
MOTHERHOOD: INSIGHTS FROM THE MICROBIOTA-GUT-BRAIN  
AXIS, COGNITIVE FUNCTIONING, SELF-REPORTS, AND DIGITAL  
PHENOTYPING MEASURES

Moderator: **Mónica Sobral (Portugal, Brazil)**

Does motherhood affect cognition? Recent evidence and new  
perspectives on the mommy brain

**Ana Margarida Ferreira, University of Coimbra, Portugal**

Better understanding peripartum depression: Clues from the  
microbiota-gut-brain axis

**Mary Kimmel, University of North Carolina, USA**

Dissecting peripartum depression: trajectories and clusters  
**Alkistis Skalkidou, Uppsala University, Sweden**

19.30 CITY TOUR AND DINNER

SATELLITE TALKS 1 & 2

Will be available online both days, for more information (p. 16)



HALL B

THURSDAY, 21 SEPTEMBER

11.30 - 13.00 **SYMPOSIUM 2 (TASK FORCE)  
ADVANCES IN THE IMPACT OF COVID-19 PANDEMIC ON  
PERINATAL MENTAL HEALTH: UPDATE OF RISEUP-PPD  
COVID-19 INTERNATIONAL STUDY**

Moderator: **Emma Motrico (Spain)**

Overview of the main results on the impact of COVID-19 pandemic on perinatal mental health: Riseup-PPD-COVID-19 international cross-sectional study

**Emma Motrico, Loyola University Andalusia, Spain**

Mental healthcare among women with clinically significant symptoms of perinatal depression and/or anxiety

**Raquel Costa, University of Porto, Portugal**

The impact of COVID-19 on breastfeeding rates: results from the Riseup-PPD COVID-19 international cross-sectional study

**Raquel Guiomar, University of Coimbra, Portugal**

Changes to women's childbirth plans during the COVID-19 pandemic and posttraumatic stress symptoms: a cross-national study

**Ana Mesquita, ProChild CoLAB, Portugal**

13.00 - 14.00 **LUNCH**

17.30 - 19.00 **SYMPOSIUM 4 (WG5)  
TAKING CARE OF DATA IN PPD RESEARCH - MANAGEMENT,  
SHARING AND ANALYSIS**

Moderator: **Bruno de Sousa (Portugal)**

The challenge of ethics in the use of artificial intelligence in mental health research

**Ana Margarida Neves, University of Coimbra, Portugal**

Research data management and DMPs in the context of PPD

**Daniel Faria, University of Lisbon, Portugal**

When sharing data is impossible: Alternative ways to conduct international PPD collaborations

**Trine Munk-Olsen, Aarhus University, Denmark**

Methodological aspects concerning the development and validation of clinical prediction models for PPD with a focus on statistical learning

**Andreas Mayr, University of Bonn, Germany**



11.30 - 13.00 FREE COMMUNICATIONS SESSION 1

Moderator: **Mariana Moura Ramos (Portugal)**

FC03

**'NEXT STOP: MUM': EVALUATION OF A POSTPARTUM DEPRESSION PREVENTION STRATEGY IN POLAND**

**Chrzan Dętkoś M<sup>1</sup>**, Murawska N<sup>1</sup>

<sup>1</sup>University of Gdansk

FC04

**CAN EMBEDDED SUB-SCALES WITHIN THE EDINBURGH POST-NATAL DEPRESSION SCALE (EPDS) BE USED EFFECTIVELY FOR SCREENING FOR POSTPARTUM ANXIETY DISORDER?**

Ratislavová K<sup>2</sup>, Hendrych Lorenzová E<sup>2</sup>, Lochmannová A<sup>2</sup>, **Martin C<sup>1</sup>**

<sup>1</sup>University of Suffolk, <sup>2</sup>University of West Bohemia

FC06

**CAN MOTHER'S COMPASSION DISCRIMINATE HER ATTACHMENT STYLE?: A STUDY DURING PREGNANCY**

**Veloso B<sup>1</sup>**, Moreira S<sup>2</sup>, Sousa M<sup>2</sup>, Xavier A<sup>1,3</sup>, Silva J<sup>1</sup>, Vagos P<sup>3,4</sup>, Palmeira L<sup>1,3</sup>

<sup>1</sup>Instituto Portucalense de Psicologia (I2P), Universidade Portucalense Infante D. Henrique, <sup>2</sup>Departamento de Psicologia e Educação, Universidade Portucalense Infante D. Henrique, <sup>3</sup>University of Coimbra, Faculty of Psychology and Educational Sciences, Center for Research in Neuropsychology and Cognitive Behavioral Intervention (CINEICC), <sup>4</sup>William James Research Center, Departamento de Educação e Psicologia, Universidade de Aveiro

13.00 - 14.00 LUNCH

14.00 - 15.00 WORKSHOP

Ethical aspects of PPD-related Health Technology Assessments

**Susanne Uusitalo, University of Turku, Finland**

**Anna Axelin, University of Turku, Finland**

15.00 - 15.30 BREAK

## HALL A

FRIDAY, 22 SEPTEMBER

08.30 - 09.30 Registration

## 09.30 - 10.15 KEYNOTE LECTURE 3

Riseup-PPD presents the clinical guidelines for prevention, diagnoses, assessment and treatment in PPD  
**Mariana Moura Ramos (Portugal)**

## 10.15 - 10.30 SPECIAL SESSION

In Honor and Remembrance of Carmen Cadarso: A Special Session

## 10.30 - 11.30 COFFEE BREAK &amp; POSTER SESSION 2

11.30 - 13.00 SYMPOSIUM 5 (WG1)  
 DON'T FORGET THE FATHERS: RISK FACTORS AND IMPACT OF PATERNAL PERINATAL DEPRESSION

Moderator: **Natalya Chechko (Germany)**

Associations between paternal postpartum depressive symptoms and hair testosterone and cortisol levels over 2 postpartum years: A random intercept cross-lagged panel model analysis  
**Lydia Richter, University Hospital Dresden, Germany**

Is it stress or is it the hormones? Understanding the risk factors associated with paternal and maternal postpartum depression  
**Natalia Chechko, University Hospital Aachen, Germany**

Biological and psychosocial factors of paternal perinatal depression and father child bonding  
**Sarah Kittel-Schneider, University Hospital Würzburg, Germany**

## 13.00 - 14.00 LUNCH

14.00 - 15.00 ROUND TABLE  
 HOW TO ACHIEVE REAL POLICY CHANGE: THE ROLE OF ALLIANCES, ECONOMIC EVIDENCE AND LIVED EXPERIENCES

**Jane Fisher (Australia)**  
**Annete Bauer (United Kingdom)**  
**Clare Dolman (United Kingdom)**  
**Saralee Glasser (Israel)**  
**Alain Gregoire (Honorary President of the (MMHA))**  
**Neerja Chowdhary (WHO Representative)**



HALL A

FRIDAY, 22 SEPTEMBER

15.00 - 15.30 BREAK

15.30 - 16.30 KEYNOTE LECTURE 4

Postpartum neuroplasticity and the attendant risk and modulatory factors  
**Natalya Chechko (Germany)**

16.30 - 17.00 COFFEE - BREAK

17.00 - 18.30 SYMPOSIUM 7 (WG3)  
IMPLICATIONS OF NEUROIMAGING AND BRAIN STIMULATION  
IN THE CONTEXT OF PERIPARTUM DEPRESSION

Unveiling Perinatal Depression: Task-Based Approaches to Brain Imaging and Cognitive Assessment

**Mónica Sobral, University of Coimbra, Portugal**  
**Mackenzie Presbyterian University, Brazil**

A Comprehensive Meta-Analysis on Neural Correlates of PPD  
**Anna-Lisa Schuler, Max Planck Institute for Human Cognitive and Brain Sciences, Germany**

Sex-specific responsiveness to TMS  
**Martin Tik, Medical University of Vienna, Austria**

Combining tDCS and psychotherapy for the treatment of depression

**Marie-Anne Vanderhasselt, Ghent University, Belgium**

Perspectives on tDCS treatment in PPD  
**Ana Ganho Ávila, University of Coimbra, Portugal**

18.30 - 19.00 CLOSING SESSION - AWARDS CEREMONY

SATELLITE TALKS 1 & 2

Will be available online both days, for more information (p. 16)

HALL B

FRIDAY, 22 SEPTEMBER

08.30 - 09.30 Core Group Meeting

11.30 - 13.00 **SYMPOSIUM 6 (WG2)**  
**A MULTIPROFESSIONAL PERSPECTIVE ON PERINATAL DEPRESSION: INFLAMMATORY BIOMARKERS, MATERNAL INTERPERSONAL FUNCTIONING AND SCREENING**

Moderator: **Alkistis Skalkidou (Sweden)**

Tools and methods used to assess maternal interpersonal functioning in the context of peripartum depression

**Vera Mateus, University of Coimbra, Portugal**

A systematic review on the association between inflammatory biomarkers and perinatal depression

**Ana Conde, Portucalense University, Portugal**

State of the art on screening of perinatal depression and other perinatal mental disorders in the Countries participating in the Research Network of Peripartum Depression Disorders (Riseup-PPD) Cost Action

**Ilaria Lega, Italian National Institute of Health, Italy**

A systematic review on women preferences on screening for perinatal depression: preliminary results

**Colin Martin, University of Suffolk, United Kingdom**

13.00 - 14.00 **LUNCH**



11.30 - 13.00 FREE COMMUNICATIONS SESSION 2

Moderator: **Maria de la Fe Rodriguez-Muñoz (Spain)**

FC01

**THE METACOGNITIVE MODEL OF RUMINATION AND DEPRESSION DURING PREGNANCY**

**Nakic Radoš S**, Brekalo M<sup>1</sup>, Zutic M<sup>1</sup>, Matijaš M<sup>1</sup>, Štefulj J<sup>1,2</sup>, Bagarić M<sup>1</sup>, Zrinski Petrović D<sup>1</sup>

<sup>1</sup>Catholic University of Croatia, <sup>2</sup>Ruder Bošković Institute

FC07

**THE ASSOCIATION BETWEEN PERINATAL DEPRESSIVE SYMPTOMS AND PARENTAL SEPARATION**

**Liakea I**<sup>1,2</sup>, Kollia N<sup>1,3</sup>, Nord M<sup>1</sup>, Fransson E<sup>1</sup>, Bodin M<sup>4</sup>, Cox J<sup>5</sup>, Bränn E<sup>1,6</sup>, Skalkidou A<sup>1</sup>

<sup>1</sup>Department of Women's and Children's Health, Uppsala University, <sup>2</sup>Behavioral Science Institute, Radboud University, <sup>3</sup>Department of Nutrition and Dietetics, School of Health Science and Education, Harokopio University, <sup>4</sup>Centre for Medical Humanities, Uppsala University, <sup>5</sup>Keele University, <sup>6</sup>Institute of Environmental Medicine, Karolinska Institute

FC08

**THE DISEMBODIED MOTHER: PARENTAL EMBODIED MENTALIZING ASSESSMENT (PEMA) IDENTIFYING EMBODIED MANIFESTATIONS OF MATERNAL DEPRESSION AND RELATIONAL RISK IN CAREGIVING INTERACTIONS**

**Sullivan D**, **Spencer R**<sup>1</sup>, **Shai D**<sup>2</sup>

<sup>1</sup>Pemworks, <sup>2</sup>The Academic College of Tel Aviv Yaffo

FC11

**CO-DESIGNING A MENTAL HEALTH LITERACY PROGRAM FOR YOUNG MOTHERS**

**Brakoulis V**<sup>1</sup>, Padhi A<sup>1</sup>, Akter K, Bentley R, Cassettari C, Earl A, Edmunds E, Fleming C, Hespero P, Hingston B, Joseph S, Kuplun C, Kojo H, Kwok J, Mainwaring D, Montgomery J, Mosley J, Ogunsiji D, Rafa S, Saheb R, Schmied V, Webber F, Reis A<sup>2</sup>

<sup>1</sup>Western Sydney Local Health District Mental Health, <sup>2</sup>Western Sydney University

HALL C

FRIDAY, 22 SEPTEMBER

13.00 - 14.00 LUNCH

17.00 - 18.30 FREE COMMUNICATIONS SESSION 3

Moderator: **Emma Motrico (Spain)**

**FC09 POSTPARTUM DEPRESSIVE SYMPTOMS – DOES MISTREATMENT DURING CHILDBIRTH IN A HEALTH FACILITY MATTER? A PROSPECTIVE COHORT STUDY IN NEPAL**

**Gurung R<sup>1</sup>**, Bask M

<sup>1</sup>Uppsala University

**FC10 PERCEIVED TRAUMA, BIRTH SATISFACTION, AND POSTPARTUM DEPRESSION: WOMEN'S EXPERIENCES IN THE GREEK-CYPRIOIT CONTEXT**

**Christoforou A<sup>1</sup>**, Vogazianos P<sup>1</sup>, Hadjigeorgiou E<sup>2</sup>

<sup>1</sup>European University Cyprus, <sup>2</sup>Cyprus University of Technology

**FC12 PREGNANCY OF STAFF MEMBER IN FERTILITY CLINIC: TWO SUPERVISION CASES**

**Hancheva C<sup>1</sup>**

<sup>1</sup>Sofia University «St. Kliment Ohridski»

**FC13 THE IMPACT OF POSTNATAL DEPRESSION ON MOTHER-INFANT VOCAL INTERACTION: A VIDEO-BASED ANALYSIS IN THE CONTEXT OF AN MOTHER-BABY UNIT**

**Eirinaki V<sup>1</sup>**

<sup>1</sup>University of Roehampton



## SATELLITE TALKS

### SATELLITE TALK 1:

#### **TREATING MOTHERS IN THE COMFORT OF THEIR HOMES - THE FIRST PERINATAL VIRTUAL PSYCHIATRIC WARD**

**Dr. Maya Sheffer & Dr. Vered Bar**

Chava Center for Reproductive Psychiatry, Sheba Medical Center, Israel

### SATELLITE TALK 2:

#### **IT TAKES A VILLAGE: PERIPARTUM DEPRESSION, FATHERS AND THE FAMILY**

**Dr. Jane Iles**

Joint Programme Director on the PsychD Clinical Psychology Programme at the University of Surrey (UK)

**Satellite talks will be available both days**



[www.conflix.net/live-streaming/2ndriseupppd](http://www.conflix.net/live-streaming/2ndriseupppd)



POSTER  
SESSIONS 1 & 2



- PO02**      **HEALTH PROFESSIONAL CARE IMPACT ON MATERNAL MENTAL HEALTH ON MISCARRIAGE AND STILLBIRTH: A STUDY PROTOCOL OF A NON-RANDOMIZED TRIAL**  
**Garcia-Terol C<sup>1,2</sup>, Motrico E<sup>3</sup>, Goberna-Tricas J<sup>2</sup>, Asensi-Vicente J<sup>1</sup>**  
<sup>1</sup>Parc Sanitari Sant Joan De Deu, <sup>2</sup>Universitat de Barcelona, <sup>3</sup>Universidad Loyola Andalucía
- PO03**      **WHO DECIDES ON THE REFERRAL AFTER A POSITIVE PPD SCREENING RESULT? -REFLECTIONS FROM: 'NEXT STOP: MUM' PREVENTION PROGRAM**  
**Chrzan Dętkoś M<sup>1</sup>, Murawska N, Łockiewicz M<sup>1</sup>**  
<sup>1</sup>University of Gdansk
- PO04**      **EXPLORING USER EXPERIENCES WITH AN MHEALTH APP FOR FACILITATING MENTAL HEALTHCARE PROVISION AND DIGITAL PHENOTYPING DURING THE PERINATAL PERIOD**  
**Bilal A<sup>1</sup>**  
<sup>1</sup>Uppsala University
- PO05**      **DEPRESSION IN FEMALE PRISONERS IN THE CZECH REPUBLIC POSTPARTUM**  
**Lochmannová A<sup>2</sup>, Martin C<sup>1</sup>**  
<sup>1</sup>University of Suffolk, <sup>2</sup>University of West Bohemia
- PO06**      **EXPLORING THE MOTIVES WHY WOMEN DROP OUT OF A PERINATAL DEPRESSION M-HEALTH STUDY**  
**Pagoni K<sup>1</sup>, Wierenga H<sup>1,2</sup>, Skalkidou A<sup>1</sup>, Papadopoulos F<sup>1</sup>, Geusens F<sup>1</sup>**  
<sup>1</sup>Uppsala University, <sup>2</sup>University of Tübingen
- PO07**      **THE ATTITUDES OF MEDICAL STUDENTS TOWARDS PERIPARTUM AND POSTPARTUM DEPRESSION: A CROSS-SECTIONAL STUDY**  
**Savić Vujović K<sup>1</sup>**  
<sup>1</sup>Department Of Pharmacology, Clinical Pharmacology And Toxicology, Faculty Of Medicine, University Of Belgrade

## 16:30-17:30 POSTER SESSION 1

- PO08**      **BRAIN CHANGES IN PREGNANCY AND THE POSTPARTUM PERIOD, MATERNAL CAREGIVING AND PERIPARTUM DEPRESSION: A MULTIMETHOD LONGITUDINAL STUDY PROTOCOL**  
**Sobral M<sup>1,2</sup>**, Fonseca A<sup>1</sup>, Osório A<sup>2</sup>, Ganho-Ávila A<sup>1</sup>  
<sup>1</sup>Center for Research In Neuropsychology and Cognitive Behavioral Intervention, Faculty of Psychology and Educational Sciences, University of Coimbra,  
<sup>2</sup>Developmental Disorders Program and Mackenzie Center for Research in Childhood and Adolescence, Center for Biological and Health Sciences, Mackenzie Presbyterian University
- PO09**      **PRENATAL MENTAL HEALTH PROBLEMS AND FEAR OF CHILDBIRTH**  
**Ana Morais<sup>1</sup>**, Matilde Sousa<sup>1</sup>, Sandra Henriques<sup>1</sup>, Inês Jongenelen<sup>1</sup>, Diogo Lamela<sup>1</sup>, Raquel Costa<sup>1,2,3</sup>, Tiago Miguel Pinto<sup>1</sup>  
<sup>1</sup>Lusófona University/HEI-Lab: Digital Human-environment Interaction Labs;  
<sup>2</sup>EPIUnit - Instituto de Saúde Pública, Universidade do Porto, Rua das Taipas, n° 135, 4050-600 Porto, Portugal; <sup>3</sup>Laboratório para a Investigação Integrativa e Translacional em Saúde Populacional (ITR), Universidade do Porto, Rua das Taipas, n° 135, 4050-600 Porto, Portugal
- PO10**      **HISTORY OF ADVERSE OBSTETRIC EXPERIENCES AND PRENATAL MENTAL HEALTH PROBLEMS**  
**Matilde Sousa<sup>1</sup>**, Ana Morais<sup>1</sup>, Sandra Henriques<sup>1</sup>, Inês Jongenelen<sup>1</sup>, Diogo Lamela<sup>1</sup>, Tiago Miguel Pinto<sup>1</sup>, Raquel Costa<sup>1,2,3</sup>  
<sup>1</sup>Lusófona University/HEI-Lab: Digital Human-environment Interaction Labs;  
<sup>2</sup>EPIUnit - Instituto de Saúde Pública, Universidade do Porto, Rua das Taipas, n° 135, 4050-600 Porto, Portugal; <sup>3</sup>Laboratório para a Investigação Integrativa e Translacional em Saúde Populacional (ITR), Universidade do Porto, Rua das Taipas, n° 135, 4050-600 Porto, Portugal
- PO11**      **SOCIO-DEMOGRAPHIC AND OBSTETRIC FACTORS IN CORRELATION OF POSTPARTUM DEPRESSION ASSESSED BY EDINBURGH POSTNATAL DEPRESSION SCALE**  
Gagua D<sup>1</sup>, Gagua T<sup>1</sup>, Okribelashvili N<sup>2</sup>, **Chonishvili A**  
<sup>1</sup>David Tvildiani Medical University, <sup>2</sup>Tbilisi State University
- PO12**      **STRESS AND SOCIAL SUPPORT AS CORRELATES OF POSTPARTUM DEPRESSION AMONG NURSING MOTHERS IN MAKURDI LOCAL GOVERNMENT AREA OF BENUE STATE**  
**Adeladan L<sup>1</sup>**, Igo J, Adedayo A, Egwuenu R  
<sup>1</sup>University Of Ibadan, Nigeria, <sup>2</sup>University of Ibadan



PO13

**ANHEDONIA-RELATED SYMPTOMS HAVE INCREASED IN WOMEN IN THE PERINATAL PERIOD DURING THE COVID-19 PANDEMIC**

**Raquel Costa**<sup>1,2,3</sup>, Tiago Miguel Pinto<sup>3,4</sup>, Ana Conde<sup>5</sup>, Ana Mesquita<sup>4</sup>, Emma Motrico<sup>6</sup>, Bárbara Figueiredo<sup>4</sup>

<sup>1</sup>EPIUnit, Instituto de Saúde Pública, Universidade do Porto, Rua das Taipas, 135, 4050-600 Porto, Portugal, <sup>2</sup>Laboratório para a Investigação Integrativa e Translacional em Saúde Populacional (ITR), Porto, Portugal, <sup>3</sup>Human-Environment Interaction Laboratory, Universidade Lusófona, Portugal, <sup>4</sup>School of Psychology, University of Minho, Campus Gualtar, 4710-057, Braga, Portugal, <sup>5</sup>SINPP – Portucalense Institute for Human Development, Portucalense University, Porto, Portugal, <sup>6</sup>Psychology Department, Universidad Loyola Andalucia, Avenida de las Universidades s/n, Dos Hermanas (Sevilla), Spain

PO14

**MATERNAL SELF-ESTEEM AND NEGATIVE AFFECTIVITY IN PREGNANT BULGARIAN WOMEN**

**Bikovska P**<sup>1</sup>, Hancheva C<sup>1</sup>

<sup>1</sup>Sofia University «st. Kliment Ohridski»

PO15

**THE IMPACT OF THE WAR IN UKRAINE ON THE PERINATAL PERIOD: PERINATAL MENTAL HEALTH FOR REFUGEE WOMEN**

**Chrzan Dętkoś M**<sup>1</sup>, Rodríguez-Muñoz M<sup>2</sup>, Morozova-Larina O<sup>3</sup>, Krupelnytska L<sup>3</sup>, Vavilova A<sup>3</sup>, Murawska N<sup>1</sup>, Uka A<sup>5</sup>, Garcia Lopez H<sup>4</sup>, Le H<sup>6</sup>

<sup>1</sup>Institute of Psychology, <sup>2</sup>Faculty of Psychology, Universidad Nacional de Educación a Distancia, <sup>3</sup>Taras Shevchenko National University of Kyiv, <sup>4</sup>University of Maryland Global Campus (Europe Site), <sup>5</sup>Research Center for Sustainable Development and Innovation, Beder University College, <sup>6</sup>George Washington University

POSTER SESSIONS 1 & 2

FRIDAY, 22 SEPTEMBER

10:30-11:30 POSTER SESSION 2

- PO16**      **POSTPARTUM DEPRESSION, ANXIETY AND PARENTAL BURNOUT IN BULGARIAN MOTHERS**  
**Aravena V**, Hancheva C  
<sup>1</sup>Sofia University «St. Kliment Ohridski»
- PO17**      **CHALLENGES OF SCREENING AND IDENTIFYING PERINATAL DEPRESSION IN THE UNITED KINGDOM: A NARRATIVE REVIEW**  
**Pinar S**<sup>1</sup>  
<sup>1</sup>Kahramanmaras Sutcu Imam University
- PO19**      **THE RELEVANCE OF PERCEIVED SUPPORT AND ISOLATION IN PERINATAL DEPRESSION DURING THE COVID-19 ERA**  
Kovacheva K<sup>1</sup>, **Rodríguez-Muñoz M**<sup>1</sup>, Domínguez-Salas S<sup>3</sup>, Gómez-Baya D<sup>2</sup>, Motrico E<sup>3</sup>  
<sup>1</sup>Universidad Nacional de Educación a Distancia, <sup>2</sup>Universidad de Huelva, <sup>3</sup>Universidad Loyola Andalucía
- PO20**      **THE HEALTHY MOMS AND BABIES APP TO PREVENT POSTPARTUM DEPRESSION: ANALYSIS OF ABANDONMENT CASES**  
Kovacheva K<sup>1</sup>, **Rodríguez-Muñoz M**<sup>1</sup>, García-Lopez H<sup>2</sup>, Huynh-Nhu L<sup>4</sup>, Ruiz N<sup>1</sup>, Olivares M<sup>3</sup>, Izquierdo N<sup>3</sup>, Coronado P<sup>3</sup>  
<sup>1</sup>Uned, <sup>2</sup>University of Maryland Global Campus, <sup>3</sup>Universidad Complutense de Madrid, <sup>4</sup>George Washington University
- PO21**      **POSITIVE AND NEGATIVE AFFECT DURING PREGNANCY AND POSTPARTUM: THE ROLE OF EXPERIENTIAL AVOIDANCE IN THE PREDICTION OF PERINATAL DEPRESSION**  
Provencio M<sup>1</sup>, Lopez M<sup>1</sup>, **Rodríguez M**<sup>2</sup>  
<sup>1</sup>Universidad Camilo José Cela, <sup>2</sup>Universidad Nacional de Educación a Distancia
- PO22**      **THE ROLE OF PERCEIVED STRESS AND STRESS COPING IN WOMEN AS PREDICTORS OF PERINATAL DEPRESSION**  
López M<sup>1</sup>, Provencio M<sup>1</sup>, Góngora C<sup>1</sup>, **Rodríguez-Muñoz M**<sup>2</sup>  
<sup>1</sup>Universidad Camilo José Cela, <sup>2</sup>Universidad Nacional de Educación a Distancia



10:30-11:30 POSTER SESSION 2

- PO23**      **PERINATAL SEVERE DEPRESSION WITH PSYCHOTIC SYMPTOMS: MULTI-DISCIPLINARY ASSESSMENT, TREATMENT AND RECOVERY**  
**Spencer R<sup>1</sup>, Sullivan D<sup>1</sup>**  
<sup>1</sup>CNWL Perinatal Mental Health Service
- PO24**      **PSYCHOPATHOLOGY DURING PERINATAL PERIOD: THE MATTEO ROTA PERINATAL OUTPATIENT SERVICE EXPERIENCE**  
**Grassi C, Petrilli G,** Gritti N<sup>1</sup>, Moliterno D<sup>1</sup>, Celebre L<sup>1</sup>, Belotti S<sup>1</sup>, Borzi I<sup>1</sup>, Lapiello S<sup>1</sup>, Bondi E<sup>1</sup>  
<sup>1</sup>Papa Giovanni XXIII Hospital
- PO25**      **POST PARTUM DISORDER CHARACTERIZES THE FUTURE RELATIONSHIP BETWEEN MOTHER AND CHILDREN**  
**Tsamadou E<sup>1</sup>,** Mallidou C<sup>1</sup>  
<sup>1</sup>General Hospital Of Thessaloniki - Ippokratio
- PO26**      **PSYCHODYNAMIC BACKGROUND OF POSTPARTUM DEPRESSION**  
**Tsamadou E<sup>1</sup>,** Mallidou C<sup>1</sup>  
<sup>1</sup>General Hospital Of Thessaloniki - Ippokratio
- PO27**      **PERIPARTUM DEPRESSION, TELOMERE LENGTH AND GENOTYPE, AND ADVERSE CHILDHOOD EXPERIENCE**  
**Vrettou M<sup>1</sup>,** Lager S<sup>1</sup>, Toffoletto S<sup>1</sup>, Agnafors S<sup>2</sup>, Nieratschker V<sup>3</sup>, Skalkidou A<sup>1</sup>, Comasco E<sup>1</sup>  
<sup>1</sup>Uppsala University, <sup>2</sup>Linköping University, <sup>3</sup>Tübingen Center for Mental Health (TüCMH), Medical University Hospital Tübingen
- PO28**      **A CASE OF RECURRENT POSTPARTUM DEPRESSION IN FOUR CONSECUTIVE PREGNANCIES**  
**Velonaki M<sup>1</sup>,** Stavrekas A<sup>1</sup>, Spyropoulou A<sup>1</sup>  
<sup>1</sup>First Department of Psychiatry, Women's Mental Health Clinic, National and Kapodistrian University of Athens
- PO29**      **ASSOCIATION OF DIABETES IN PREGNANCY WITH PERINATAL DEPRESSION**  
Björvang R<sup>1,2</sup>, Liakea I<sup>3</sup>, Carpentier B<sup>1</sup>, Kozinszky Z<sup>4</sup>, **Skalkidou A<sup>1</sup>,** Fransson E<sup>1,2</sup>  
<sup>1</sup>Uppsala University, <sup>2</sup>Karolinska Institute, <sup>3</sup>Radboud University, <sup>4</sup>Danderyd Hospital
- PO30**      **THE BIOPSYCHOSOCIAL MODELS OF PERIPARTUM DEPRESSION: A NARRATIVE REVIEW**  
**Žutić M<sup>1</sup>**  
<sup>1</sup>Catholic University of Croatia

# GENERAL INFORMATION



## GENERAL INFORMATION

### Dates

September 21-22, 2023.

### Venue

Sofia University «St. Kliment Ohridski», Sofia, Bulgaria (Boulevard «Tsar Osvoboditel» 15, 1504, tel: +35 9293 08200, [www.uni-sofia.bg](http://www.uni-sofia.bg)).

### Opening Hours

Thursday, September 21

Registration Desk 08:00 – 19:30

Friday, September 22

Registration Desk 08:00 – 19:00

### Website

Visit the official website of the conference here  
[www.riseupppd2023.com](http://www.riseupppd2023.com).

### Official language

The official language of the 2nd International Conference Riseup-PPD is English.

### Registration fees

The registration to the conference is free of charge.

To validate your registration to the conference, you will need to also register to the e-COST System.

<https://globalevents.eventsair.com/riseup-ppd2/regform/Site/Register>

Register to the e-COST System to the following link  
[e-services.cost.eu/user/registration/email](https://e-services.cost.eu/user/registration/email).



## GENERAL INFORMATION

### Information about Sofia

Sofia is the capital of Bulgaria since 1879 and the largest city in the country. The city is one of the oldest in Europe being inhabited for 7000 years. Sofia is at the foot of Vitosha Mountain (2290 m) – a favourite hiking place for the citizens and guests.

Sofia is both old and modern with a relatively small centre. Most of the significant buildings – (Parliament, Presidency, City Hall, University, National Theatre, National Gallery) are within walking distance.

Sofia is a green city, with trees lining the streets and several parks in the centre. The city has viable public transport, with the metro being the most convenient transport from the airport to the centre. Taxis are available and there is a wide choice of restaurants, bars, and clubs in the broad centre.

In September the weather is mild, with a little chance of rain and the average maximum temperature is around 23 degrees Celsius.

### Venue Information



The conference is hosted by Sofia University – the oldest higher education institution in Bulgaria. The rectorate building, where the event will take place, is an architectural landmark with 36 000 sq. m. of floor space, 324 rooms, including 65 auditoriums with 6000 seats in the ideal centre of the city.

The halls that will accommodate the participants are comfortable and cosy – study halls of several humanities faculties located in the central building imbued with the traditional academic spirit. The opening of the conference and keynote presentations will be in the University's formal Aula.



## GENERAL INFORMATION

Sofia University St. Kliment Ohridski is easily accessible by public transportation. The main building of the university (the Rectorate) is located near the metro station “Sofiiski Universitet Sveti Kliment Ohridski” on line 1. You can also take trams 12, 22, or 20 to the stop “Sofia University” or buses 94, 280, or 306 to the stop “Sofia University”.

### How to travel and reach the venue: from Sofia Airport to City Centre

If you arrive at Sofia International Airport, you can take a taxi, a bus or the metro to the city centre.

#### A. Metro

Sofia Metro Line 1 connects Sofia Airport to the City Centre and provides direct connection from the airport to the large residential complexes in close proximity. The journey time from Sofia Airport to the City Centre is approximately 20-25 mins. The other Metro stations allow convenient transport connections to bus or trolleybus lines of the city transport system. The metro trains on the route to the airport operate from 5:30am to midnight on weekdays and weekends/holidays.



The metro station is located in the eastern part of Terminal 2 of the airport. You can reach it by following the floor markings in blue at the public area of Terminal 2. The metro line will take you to the city centre and venue (stop named “Sofia University”).

Ticket machines for metro tickets are located at Sofia Airport Metro Station. The ticket machines accept Bulgarian banknotes and coins, and one of them accepts credit cards as well. The ticket price is 0,80€.

## GENERAL INFORMATION

### B. Bus

84 and 184 bus routes connect City Centre (Gen. Gurko Str.) with Sofia Airport Terminal 2 and Terminal 1. Then it goes back along Christopher Columbus Blvd. - Tsarigradsko Shose Blvd. to Gen. Gurko Str.

Arriving on Terminal 1, you can take bus 84. Arriving on Terminal 2 you can take bus 284. Both bus routes operate under an all-day timetable. The exact times, including the first and last buses, are published at the Urban Mobility Centre. The journey time from the first to the final stops of 84 and 184 bus routes is approximately 45 mins. on weekdays, and 35 mins. at weekends/holidays.

At Sofia Airport you can buy tickets for the public transport at the kiosks of Urban Mobility Centre or at Newsletters' kiosks in the public areas of Terminal 2, as well as from a ticket vending machine, installed at Terminal 1 Arrivals public area. The machine works with Bulgarian levs and coins and the issued tickets are valid for bus lines 84 and 184. The ticket price is 0,80€.

### C. Taxis

Taxis are available at the airport and the ride to the city centre takes around 30 minutes. They would charge approximately 15–20 € from the airport to the centre. We advise using the official taxi service "OK Supertrans". You can request the service at the offices of OK Supertrans in the Arrivals of Terminal 1 and Terminal 2. The floor markings in yellow will lead you to the taxi stand area.



## GENERAL INFORMATION

### Accommodation

There are several hotels located within a short distance from the conference venue. City tax is usually included in their fares.

#### Crystal Palace Hotel Sofia\*\*\*\*

Crystal Palace Boutique Hotel is a 4 star hotel located in downtown Sofia, next to the famous Doctor's Garden, Sofia's National Library, the University of Sofia, the Alexander Nevsky Cathedral and other main institutions, cultural sights and places of interest. The stylish hotel offers 63 spacious and cozy rooms and apartments behind a facade that is defined as an architectural monument.

**Address: Shipka Street 14, Sofia, 1504, Bulgaria**

Phone number:

Reception:  
+359 886 399 504

Reservations:  
+359 2 9 489 488

Website: [www.crystalpalace-sofia.com](http://www.crystalpalace-sofia.com)

Distance from venue: 2 min (150m)

#### Sense Hotel \*\*\*\*\*

Sofia's first upscale design hotel, balancing luxury and superb design with world class service. Proud member of Design Hotels, Sense Hotel Sofia is an architectural piece of art that stands out from the crowd. Nestled in the heart of Bulgaria's capital, Sense Hotel Sofia has a matchless location on Sofia's main boulevard Tsar Osvoboditel, a street that is home to some of Bulgaria's most important buildings, including the country's National Assembly.

Address: 16 TSAR OSVOBODITEL BVLD, SOFIA 1000, BULGARIA

Phone number: +359 (0) 2 446 2509

Website: [www.sensehotel.com](http://www.sensehotel.com)

Distance from venue: 4 min (300m)

## GENERAL INFORMATION

### Hyatt Regency Sofia \*\*\*\*\*

Hyatt Regency Sofia is located within the heart of the city on Vasil Levski Square. It is ideal for exploring and encountering a modern city surrounded by authentic Eastern European history. Set within walking distance of many of Sofia's cultural institutions and tourist attractions, you are never far away from an unforgettable experience.

Address: Vasil Levski Square, Sofia, Bulgaria, 1504

Phone number: +359 2 440 1234

Website: <https://www.hyatt.com/en-US/hotel/bulgaria/hyatt-regency-sofia/sofrs>

Distance from venue: 4 min (350m)

### InterContinental Sofia \*\*\*\*\*

InterContinental Sofia is located at the heart of the Bulgarian capital, adjacent to the country's primary government buildings and cultural highlights with convenient access to the business district.

Address: 4 Narodno Sabranie Sq 1000, Sofia

Phone number: +359-2-9334334

Website: [sofia.intercontinental.com/en](https://sofia.intercontinental.com/en)

Distance from venue: 4 min (300m)

Please note that there may be additional hotels in the area that are not included in this list. We encourage you to do your own research to find the accommodation that best suits your needs and budget.



## GENERAL INFORMATION

### Points of interest in Sofia



Sofia is a beautiful city with many historical and cultural landmarks to explore. During your stay, we recommend visiting some of the following attractions:

- Alexander Nevsky Cathedral
- Saint Sofia Church
- National Palace of Culture
- Vitosha Boulevard
- National Museum of History
- Boyana Church

### Additional information:

Local currency: Bulgarian Lev (BGN).  
Exchange rate: Fixed. The official exchange rate for 1 EUR is 1.95583 BGN. However, exchange offices and banks may apply various exchange rates or commissions.

Credit/debit card payment or use of ATM is recommended.

Religion: Predominantly Eastern Orthodox.

Language: The official language is Bulgarian and only the Cyrillic alphabet is used.

Electricity: 220v, 50 Hz

Weights & measures: Metric

The local time is Eastern European Summer Time: CET + 1

## GENERAL INFORMATION

### Organization



**RISEUP-PPD**  
Research Network  
in PeriPartum  
Depression Disorder

### Conference Secretariat



*Global Events*  
*...makes the difference!*  
Conference & Event Management

[www.globalevents.gr](http://www.globalevents.gr)

#### **THESSALONIKI, GREECE**

50A Stadiou Str., 55534, Pylaia  
T: +30 2310 247743  
E: [info@globalevents.gr](mailto:info@globalevents.gr)

#### **ATHENS, GREECE**

2 Valestra str. & 168 A. Syngrou Av., 17671  
T: +30 210 3250260  
E: [athens@globalevents.gr](mailto:athens@globalevents.gr)



